

YOUTH WELLNESS PROGRAMS

Presented by EOTO Culturally Rooted's BYAYA! (Black Youth & Young Adults) program

Through music, media, small group discussions & collaborative learning participants will;

- Gain a better understanding of health, wellness & a positive self-identity .
- Learn & Develop skills to identify & address high stress situations and "big emotions"
- Feel more connected to a healthy support system
- Gain valuable employment & life readiness skills

Youth that complete program will be eligible for up to \$600

WHO:
Empowerment
Framework
14 - 17 yr

WHEN:
Thursdays
6 - 8 pm

WHERE:
The MAC Center
located at the end
of building 4

Enroll Now!

GROUPS START 11/09/23

SCAN FOR MORE DETAILS & REGISTRATION



Facebook Message
@EOTOCulturallyRooted

